

Upward Soccer

LEAGUES

Separate leagues for boys and girls are offered for K5 through 9th grade. K4 league is coed. Players must be 4 years old by September 1st of the current school year to be eligible to play.

Tentative League play formats:

K4	4v4
K5 - 1 st	5v5
2 nd – 3 rd	6v6 (or more)
4 th – 6 th	8v8 (or more)
7 th – 9 th	8v8 (or more)

REGISTRATION BEGINS MAY 1

For the 2023 season, all registration will be online at secondfamily.church. Early registration fee is \$85 per player until May 31st. Any signups after that, the fee becomes \$100. Late registration (after July 5th) will be \$110. **Leagues fill up fast so register early.

EVALUATIONS & UNIFORM SIZING

In order to create equal teams within our leagues, each player must be evaluated individually based on skill and speed. Through these evaluations, your family will be able to get a first hand glimpse of our facilities as well as learn much needed information about the upcoming season. All Upward Soccer Evaluations will be coordinated by participants last name & held at SBC Victory Fields. You will be contacted with specific times for one of these days:

- Saturday July 8, 2023 9:30-11:00am
- Monday July 10, 2023 6:00-7:30pm
- Monday July 10, 2023 6:00-7:30pm

PRACTICES

Typically our Upward Soccer league begins with three to four weeks of one hour practices per week prior to games starting. With busy family schedules, this set up is ideal and we continue to hear that it works great for volunteers, participants and families. Practices will be held on Monday, Tuesday or Thursday with a few Saturdays prior to games starting.

GAMES

Most games will be played on Saturdays with a few exceptions of weeknight games. Teams and coaches work within a given parameter for substituting players in and out of the game. The substitution system provides every child the opportunity to be in the starting lineup, requires no child to sit out back-to-back segments, and allows every child to play at least half of the game.

PLAYER'S KIT

Each player will receive a full uniform (jersey, shorts & socks). All players are required to supply their own shin guards & cleats.